

CLIENT INTAKE FORM

Wellspring Bowen Therapy at The Village Clinic

Name _____ Phone _____

Address _____

Email _____ Date of Birth _____ Occupation _____

Emergency Contact _____ Relationship _____ Phone _____

The following information will be used to help plan safe and effective Bowen Therapy sessions. Please answer the questions to the best of your knowledge.

1. Have you had a Bowen therapy session before? Yes No When? _____
2. Do you have any difficulty lying on your front (), back (), or side ()?
3. Do you wear contact lenses (), dentures (), a hearing aid (), night guard ()?
4. Do you sit for long hours at a work station (), computer (), or driving ()?
5. Do you perform any repetitive movement in your work, sports, or hobby? Yes No
6. Do you experience stress in your work, family or other aspect of your life? Yes No

If yes, how do you think it has affected your health?

muscle tension () anxiety () insomnia () irritability () Other _____

Medical History: In order to plan a Bowen session that is safe and effective, I need some general information about your medical history.

7. Are you currently under medical supervision or taking medication? Yes No

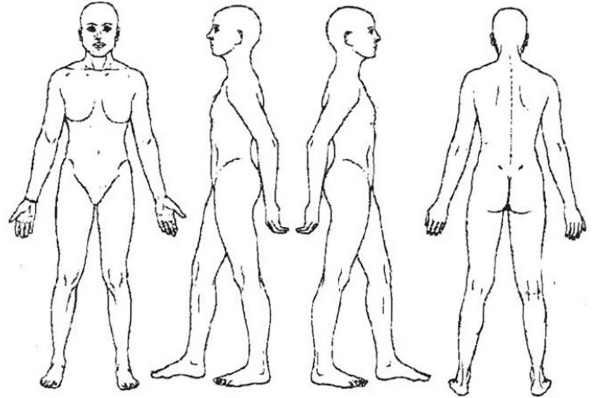
8. Do you see a chiropractor? Yes No If yes, how often?

9. Please check any condition listed below that applies to you.

- | | | |
|----------------------------------------------------|----------------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> Recent accident or injury | <input type="checkbox"/> Contagious skin condition | <input type="checkbox"/> Hip problems |
| <input type="checkbox"/> Recent surgery | <input type="checkbox"/> Open sores/ wounds | <input type="checkbox"/> Hip replacement |
| <input type="checkbox"/> Abdominal problems | <input type="checkbox"/> Diaphragm pain/tightness | <input type="checkbox"/> Hormonal problems |
| <input type="checkbox"/> Allergies/ Hay Fever | <input type="checkbox"/> Digestive problems | <input type="checkbox"/> Incontinence |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Infertility |
| <input type="checkbox"/> Ankle or foot problems | <input type="checkbox"/> Ear problems/ tinnitus | <input type="checkbox"/> Jaw/ TMJ problems |
| <input type="checkbox"/> Back pain | <input type="checkbox"/> Edema | <input type="checkbox"/> Knee problems |
| <input type="checkbox"/> Bed wetting | <input type="checkbox"/> Fatigue (chronic) | <input type="checkbox"/> Liver/ kidney problems |
| <input type="checkbox"/> Bone spurs | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Lung problems |
| <input type="checkbox"/> Breast lumps or pain | <input type="checkbox"/> Fibroids | <input type="checkbox"/> Menstrual problems |
| <input type="checkbox"/> Breast implants | <input type="checkbox"/> Fracture (old/ new) | <input type="checkbox"/> Numbness |
| <input type="checkbox"/> Bursitis | <input type="checkbox"/> Falls on tailbone/coccyx | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Buttocks pain | <input type="checkbox"/> Gallbladder problems | <input type="checkbox"/> Pelvic problems |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Hamstring problems | <input type="checkbox"/> Plantar Fasciitis |
| <input type="checkbox"/> Carpal Tunnel Syndrome | <input type="checkbox"/> Headaches/ Migraines | <input type="checkbox"/> Pregnant |
| <input type="checkbox"/> Chest pain | <input type="checkbox"/> Heart problems | <input type="checkbox"/> Prostate problems |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Hernia | <input type="checkbox"/> Other _____ |

Is there anything else about your health history that you think would be useful for your Bowen therapist to know to plan a safe and effective session for you? _____

Mark any specific areas you would like the Bowen therapist to focus on during the session:



Clients under the age of 18 must be accompanied by a parent or legal guardian during the entire session. Informed written consent must be provided by a parent or a legal guardian for any client under the age of 18.

I, _____ (print name) understand that the Bowen Therapy session I receive is provided for the basic purpose of relaxation and relief of muscular tension. I further understand that Bowen Therapy should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician or other qualified medical specialist for any mental or physical ailment that I am aware of. I understand that Bowen practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because Bowen Therapy should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I fail to do so.

By choosing to have a Bowen session, even with all mentioned safety measures, I acknowledge and accept the additional risks associated with the global health pandemic Covid-19. I release Wellspring Bowen Therapy and The Village Clinic from any and all liability for the unintentional exposure or harm due to Covid-19.

Signature of Client _____ Date _____

Guardian Signature if Applicable _____